

## The God who Knows Me

Psalms 139

Mike Maslin

August 23, 2026

Notes on the Psalm:

Three great truths about God: He is...

- ✓ **All-knowing** (1-6). Also see Proverbs 15:3, Isaiah 40:13-14, Luke 12:6-7, Romans 11:33-34, 1 John 3:20
- ✓ **All-present** (7-12). Also see 1 Kings 8:27, Jeremiah 23:23-24, Acts 17:26-27, Hebrews 4:13
- ✓ **All-powerful** (13-18). Also see Genesis 1:1-3, Isaiah 55:10-11, Jeremiah 32:17, Ephesians 1:11-12

1. You are intricately crafted by your Maker.
2. God's care for you is intimately personal.
3. Embrace His perfect knowledge of you.

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## Discussion Guide & Questions from Psalm 139

- ➔ Re-read the whole Psalm, written by King David, noticing the four distinct sections (vv. 1-6, 7-12, 13-18, 19-24).
1. Which of these four sections stood out to you the most and why?
  2. What words would you use to describe how it makes you feel that God knows all your thoughts?
  3. Why do we pretend that we can hide from God even when we know He sees everything?
  4. How should vv. 13-14 encourage the downcast or depressed?
  5. Describe what David is feeling in v. 17: “How precious to me are your thoughts.”
  6. Compare vv.1-2 with vv. 23-24. What is David’s heart longing? How can you follow his example?
  7. Read John 3:16-17. Describe how this Psalm foreshadows Jesus’ coming to earth?
  8. What is one specific way you can apply this Psalm to your life this week?



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