

Three things to DO with temptation

Own it – understand the source of temptation

Don't blame God

Take responsibility

Know it – understand the course of temptation

There is an opportunity for victory

There is a point of no return

Fight it – give in to God instead

The short game

The long game

One thing to DO when you fail – JESUS!

GROUP DISCUSSION QUESTIONS

1. What stood out to you most from the message?
2. Read James 1:13. Why do you think we have a tendency of blaming God for our temptations?
3. Read Psalm 34:8-10. What do you learn of the goodness of God in these verses? What have we learned so far in James about the goodness of God?
4. Have you ever been tempted to doubt the goodness of God? Or to think that God does not have your very best interest in mind? Explain.
5. Share about a time when you experienced victory over temptation, or learned over time how to respond to temptation. What would you say were some keys to this victory?
6. Share about a time when you gave into temptation and experienced the consequences. What lessons did you learn?
7. Read Matthew 26:36-46. In what ways do you see Jesus fighting temptation in this passage. What can we learn from this that applies to our own struggle with temptation?
8. Read Hebrews 4:14-16. What do we learn about Jesus from this passage? What does Jesus promise us when we go to Him?
9. In your own words, explain what the death of Jesus on the cross means to you.
10. According to 1 John 1:8-10, what must a person do in order to be forgiven for sin?

FOR FURTHER REFLECTION

Read Matthew 4:1-11, 26:36-46, 27:32-28:20
Read "8 Ways to Beat Temptation" - <https://bit.ly/beatemptation>
Read "The Secret to Breaking Free from Habitual Sin" - <https://bit.ly/breakingfreefromtemptation>
Meditate on 29 Bible verses to help you resist temptation - <https://bit.ly/versestoempower>
Listen to "Temptation: the Battle of Spiritual Growth" by Tony Evans - https://bit.ly/tonyevans_temptation
Read Winning the War Within by Charles Stanley Listen to "Redeemed" - https://bit.ly/redeemed_brooklynab
Listen to "Worthy is the Lamb" - https://bit.ly/worthy_is_the_lamb
Listen to "Yet Not I But Through Christ in Me" - <https://bit.ly/notibutchrist>

How to Connect with James deeper:

- **Study -**

Read James once a week until Easter – pick up one of our Scripture Journals to help you.



- **Memorize -**

Memorize James using the Scripture Memory Fellowship App.

Aim for one verse – James 1:2 or 1:25

Aim for one passage – James 1:2-4

Aim for 10 key passages – James 1:2-4, 1:13-15, 1:19-20, 1:22-25, 2:1, 2:26, 3:9-10, 3:17-18, 4:7-8, 5:16

Aim for one chapter – James 1

Aim for the whole book?!



- **Join -**

Join or start a small group to discuss James:
If you'd like to start one, please send an email to forcey-office@forcey.org



- **Invite -**

Prayerfully invite someone else to join us in our study of James – use our invite cards

- **Pray -**

Make a habit of kneeling in prayer, like James.
Pray for wisdom from God.

Pick up a wristband to remind you that your faith was made for the deep end