

# Jesus Is Alive! Easter Sunday (Preschool and Elementary Lesson)

Use this lesson outline to teach preschoolers and early elementary students about Jesus's resurrection. It's perfect as an Easter Sunday School lesson.

*Editor's Note: This lesson was adapted from [Route 52](#).*

You can combine this elementary lesson with others in the series:

- [Palm Sunday](#)
- [The Last Supper](#)
- [Good Friday](#)
- [Easter Sunday](#)

**Scriptures: Mark 16:1-8; Luke 24:1-8; John 20:1-9**

## Lesson Aims

- Tell the good news that Jesus, the Son of God, is alive
- Celebrate the happy ending for Jesus and for us
- Read Bible references and find Bible verses

## Materials

- Assortment of spices (cinnamon, nutmeg, cloves, etc.), cheesecloth, twist tie
- Regular size refrigerator biscuits (two for each child), large marshmallows (one for each child), 1/2 cup cinnamon and sugar mixture, pie pan, aluminum foil and cookie sheets

- Peeled boiled eggs and their crushed eggshells (colored or white), blue dessert-size paper plates, green crayons or markers, glue, large paper clips, masking tape
- Globe or map, removable tape or removable square note papers, pen

## Before Class

- Combine spices on a cheesecloth square (or place in a tea ball and loosely wrap.) Secure spices in cheesecloth with a twist tie.
- Make sure each child has a Bible.
- Boil eggs. If you let them sit in the hot water until it cools naturally, the yolks will have a slightly green tint (instead of yellow). Write the memory verse around the edge of each paper plate. Use a green marker to trace around the inner circle of the plate and draw the outline of continents.
- Draw a cross on small pieces of removable tape or on small sticky notes.

## Key Verse Activities

### Easter Eggs-amples

**Key Verse:** “Go and make followers. . . . Teach them to obey.” Matthew 25:19, 20, *ICB*

**Materials:** Peeled, boiled eggs and their crushed eggshells (colored or white), blue dessert-size paper plates, green crayons or markers, glue, large paper clips, masking tape

**ASK:** How can eggs remind us of Jesus’ resurrection? (*They look like a tomb and something alive comes out of them.*)

**SAY:** Chicks come out of farm eggs alive and Jesus came out of His tomb alive. Chicks won't come out of these eggs, but let's look at what's inside. *Pull out a yolk.* Yolks are shaped like our world, aren't they? Jesus said He wants us to go into all the world and tell everyone about Him. These plates are round like the earth, too. Let's color in the land areas green.

Next, help the children make a cross shape out of glue. They can stick on pieces of crushed eggshell.

Tape a paper clip to the back of the plate so you can hang up your picture at home. **SAY:** The cross on this plate reminds us to tell the world to follow Jesus.

## Cross the Globe Game

**Materials:** globe or map, removable tape or removable square note papers, pen

**SAY:** The Bible says that Jesus told His followers to go into all the world and tell the good news about Him, teaching people to obey Him. He wants everyone in every country to know Him. Let's find the names of some countries on this map (or globe). I'll name a country and give you some time to find that country and put a cross on it. You can help one another.

As each cross is put in place, repeat the memory verse, inserting the name of the country. For example, "Go and make followers in Mexico. Teach them to obey."

## Share the Bible Story

**Materials:** globe or map, removable tape or removable square note papers, pen

Encourage children to talk about happy endings. Tell about happy endings in movies and stories.

**SAY:** Today we will be reading a story with a very special happy ending. The story is special because it is true. The ending is special because it is true. Listen to find out how the happy ending helps each one of us.

Ask the children to listen closely as you read through the Bible verses: Mark 16:1-8; Luke 24:1-8; John 20:1-9

**ASK:**

- Who can tell about the happy ending? (*Jesus lived again; He rose from the dead.*)
- Why is this happy story for us?
- What good news could you tell now that you've heard this story? (*Jesus is still living in Heaven with God; He can forgive our sins; we can live with Him forever in Heaven.*)

## Activity

**Materials:** Assortment of spices (cinnamon, nutmeg, cloves, etc.), cheesecloth, twist tie

Take out the spice ball and show it to the class. Tell the class that the spice ball smells something like the spices that the women brought for Jesus' body. Let everyone smell the spice ball.

Explain the game. Players stand in a circle and pass the spice ball from one to another while the music is playing. When the music stops, the child holding the spices is asked a question. The child can answer or choose someone to answer.

- What can Jesus do because He is the Son of God? (*resurrect, forgive, heal, etc.*)

- What day of the week did the women go to Jesus' tomb? (*the first day of the week, Sunday*)
- Name a woman who went to Jesus' tomb. (*Mary Magdalene*)
- What did the women bring to Jesus' tomb? (*sweet-smelling spices*)
- When the women came to the tomb, what did they find? (*The tomb was empty.*)
- Whom did Mary tell that the tomb was empty? (*Peter and John*)
- Somebody came to the other two women and told them not to be afraid. Who were they? (*two angels*)
- What else did the angels tell the women? (*Jesus had risen!*)
- Two men came running to Jesus' tomb. Who were they? (*Peter and John*)
- What did John believe about Jesus when he saw the empty tomb? (Jesus is alive!)

## Snack Time!

**Materials:** Regular size refrigerator biscuits (two for each child), large marshmallows (one for each child), 1/2 cup cinnamon and sugar mixture, pie pan, aluminum foil and cookie sheets

Make sure each child has washed hands. Give each child two biscuits and a marshmallow. Show them how to completely wrap the biscuits around a marshmallow, carefully sealing all the edges. Let the children roll each biscuit in the cinnamon sugar mixture to coat.

Place on a foil lined cookie sheet to bake (10 minutes at 425 degrees). Let them cool on the cookie sheet. Find an edge and poke a small hole for the opening of the empty tomb. (Marshmallow will melt during baking leaving a hollow space inside.)

*Options:* Serve surprise buns, gingersnap cookies, or heart-shaped cookies and milk instead.

End the lesson by praying with your kids about the miracle of Jesus' resurrection.