



Come To The River

Psalm 46

*There is a river whose streams make glad the city of God!
Psalm 46:4*

There is a refuge... do not fear! (vv. 1-3)

God does not play hide-n-seek, but seek-n-find. He loves being found by His people.

There is a river... do not thirst! (vv. 4-6)

God will bring us to an end of ourselves so that we cry out to Him – Psalm 107!

There is a plan... be still and know He is God! (vv. 8-11)

You are either living like He is God or living like He is not.

*Let anyone who is thirsty come to me and drink.
Whoever believes in me, as Scripture has said, rivers of living water will flow
from within them.
John 7:37-38*

DISCUSSION QUESTIONS

- Meditate on Psalm 46 and Psalm 107
- Watch this scene from “The Chosen” - www.youtube.com/watch?v=e17dzoNV3IY
- www.churchleadership.com/leading-ideas/ten-leadership-lessons-from-nehemiah

- Read more background on the Feast of Tabernacles and John 7 - <https://israelmyglory.org/article/the-feast-of-tabernacles-in-the-days-of-jesus/>
- Listen to “Come to the River” - www.youtube.com/watch?v=IKVHGi1iRLE
- Listen to “Clean Heart” – www.youtube.com/watch?v=Tk_7kby_-BM
- Reflect on “Psalm 46 (Lord of Hosts)” - www.youtube.com/watch?v=zPETiZPNrFU

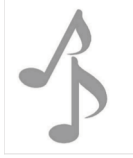
REFLECTION QUESTIONS

1. What stood out to you most from the message?
2. What is a place with water that you have enjoyed visiting? Why?
3. What is something that has caused you to feel restless in recent days?
4. Read Psalm 46:1-3. God is present in trouble and longs to be found. What are some of the ways the Lord has gotten your attention in the midst of trouble and called you to Him?
5. Read Psalm 46:4-6. Let’s focus on that river. What does it represent? What does it mean for us today?
6. Take some time to read back through Psalm 107 together, taking turns to read different sections. As you meditate on this Psalm, what stands out to you?
7. What does it actually look like to “cry out to the Lord”? What specific things might someone who is “crying out to the Lord” be doing?
8. Can you share about a time recently when you cried out to the Lord? What did that look like?
9. Read John 7:37-38, along with John 4:13-14. Do you believe you have come to a point of trusting in Jesus for eternal life? Why or why not? If so, in what ways have you experienced his living water personally?
10. Who can you share this Psalm with this week? Pray together for those the Lord might use you to impact and encourage this week.

Sermon Notes

Name: _____ Date: _____

What was your favourite song?



Who is preaching?



What is the main Bible passage?

Book:

Chapter:

Verse:

What can we learn from this passage?

Draw a picture of something you heard today, either in a song or in the sermon.

What I want to pray about.



Words I heard but don't understand.





GOD is our
REFUGE and
STRENGTH,



a very present help in trouble.

Psalm 46:1

