



Overview - Lesson One

Wow Theme Verse:

I can do all things because Christ gives me the strength.
Philippians 4:13 NLV

Key Word: Courage

The ability and will power to endure difficulty even when you are afraid.

Message: God Gives us Courage!

Lesson Verse:

“Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go.” – Joshua 1:9b NIV

Story:

Paraphrased from Matthew 14 – Jesus comes to the disciples walking on the water in the storm. When the waves are high and the next step feels impossible, Jesus reaches out his hand.

It had been a very long day. Jesus sent the disciples in their boat across the lake. Jesus went up into the mountains to pray and when he finished it was late at night. The disciples were far out at sea. So Jesus began walking on the water to meet the disciples in their boat. When he got close to the boat, the disciples were afraid. The disciples were terrified. They thought it was a ghost. Then Jesus said, “it's all right, have courage, I'm here. Don't be afraid.” Peter said, “Lord, if it's really you, tell me to come to you.” “Come”, said Jesus. Peter stepped onto the water and started walking to Jesus. He was walking on the water. Then Peter looked at the wind and the water. He began to be afraid. He started to sink. He cried out, “Lord save me.” Jesus reached out his hand and he said, “Peter, you have such little faith. Why did you doubt me?” Then Peter and Jesus walked and got inside the boat. Everyone was amazed. They began to worship Jesus. They all said, “Truly, you are the son of God.”



Go Deeper - Lesson One Family Guide

Today's word of the day was **COURAGE!**

We heard today the story of Peter stepping out of a boat onto the waves with Jesus. Did you get that? OUT of the boat, and STOOD UP on the WATER outside of the boat?! What the what?! That takes some serious **courage!**

...but in Matthew 14:30, something interesting happens. Peter has pulled up the **courage** to step his whole self out of the safety of the boat, but then...he looks around. He sees the towering waves, hears the bellowing winds, and he begins to sink. "Lord, save me!" he shouted. And immediately, Jesus reached out his hand and caught him.

You see, **courage** doesn't have to mean we are not afraid. It doesn't mean that we put blindfolds on and just forget about all the scary things that are happening.

Instead, **courage** for those who believe in Jesus means that we know that He is with us.
All the time.
Every day.
Every moment.
And He will never leave.

As a family, talk about times when you've needed to have **courage**. Did you feel like you were sinking into the waves? Did you want to stay in the boat? Talk about your experiences together.

Work together on memorizing Joshua 1:9b:

Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go.

Your kids may have already begun this work with their children's group from church – ask them about the motions they made up to help them remember the verse, or come up with some fun motions as a family!

Can you list FIVE different places you see **courage** in the world today?

_____		_____
_____		_____

Take a moment to pray for **courage**, both for your family and for our world.



Go Deeper - Lesson One Game Activity

What if we could WALK ON WATER, too?? Let's play a game like we can!

Take a couple of cushions or pillows to a room with a lot of floor space, or if you'd like to play outside, use a couple of towels! You will need plenty of space to move. You will also want fewer safe squares (your towels or cushions) than participants. [If there are four people playing, you will want only two or three safe squares]

Once the game begins, your feet cannot touch the floor or ground; all participants must be standing on the safe squares (cushions, towels, etc.). You will need to work together to make sure no one gets left behind! The goal is to work your way from one end of the room to the other without anyone falling off into the "water." If anyone falls in, you have to start over.

Work together to build a strategy of who stands where and who moves the squares to get all participants to the other side.

Have fun!

Go Deeper - Lesson One Craft Activity

PAPER BOAT "THE SS COURAGE"

Click the link to view the craft video for lesson one: <https://youtu.be/YtJdqpxwg1U>

Materials Needed:

- 8x11 paper
- Black marker
- Blue crayon
- Red crayon





Quiz - Episode One

- 1 What is the color of the shirt Simon Parry is wearing?
- 2 What is the word for the day?
- 3 Fill in the blank?
I can do all _____ because Christ gives me the _____.
Philippians 4:13 NLV
- 4 What is the name of Mr. Joey's Alligator?
- 5 Mr. Joey does a magic trick with what baby animal?



COURAGE

**Do not be afraid; do not be discouraged,
for the Lord your God will be with
you wherever you go.**

Joshua 1:9



BIG IDEA

**Living unafraid
doesn't mean
that we don't
feel fear but
that we don't
obey it.**

GOD GIVES US COURAGE