



Follow No Matter What

Philippians 3:17-21

Three questions for those who want to wholeheartedly follow Jesus:

- **What examples are you too influenced by instead of Christ? (v. 17)**

- **What desires are you too hungry for instead of Christ? (vv. 18-19)**

- **What allegiances are you too loyal to instead of Christ? (vv. 20-21)**

LAMENT AND LEARN TOGETHER

- The Lord provides biblical “Lament” as a tool to help us when we are frustrated with the injustices of our day. Lamenting helps us to process things with God rather than being poisoned or paralyzed by harsh realities in our world, putting us in better position to advance the gospel until Jesus comes. Here are 7 Psalms of Lament that could be meditated on this week: 3, 12, 13, 22, 42, 74, 94, 142
- John Perkins is a lover of the gospel and a legendary peacemaker and will be part of a conversation called “Peacemaking in a Polarized Society” Sunday May 31 at 9pm at www.facebook.com/933fmthefish.
- This is a fantastic article on “The Race Discussion and the Ominous Absence of Calvary.” The writer will join us soon for a conversation on our livestream!
- www.allmomdoes.com/2020/05/19/the-race-discussion-and-the-ominous-absence-of-calvary/

FOR FURTHER REFLECTION

- Begin our 30 Days of Renewal in the month of June – see website for details and download!
- Use the fasting resources at www.dayandnight.org/fast
- Watch this message from Pastor Foster on prayer & fasting: www.youtube.com/watch?v=8kUacGLIKVE
- Meditate on Colossians 3:1-4, Romans 12:1-2, 1 John 2:15-17
- Listen to “We are Hungry” - www.youtube.com/watch?v=IXxGcjQ_mcg
- Read *End of the Spear* by Steve Saint, or watch the movie
- Read *Through the Gates of Splendor* by Elisabeth Elliot
- Read *Walking from East to West* by Ravi Zacharias

QUESTIONS FOR REFLECTION

1. What stood out to you most from the message?
2. Have you thought much about the idea of biblical lament? What is something you learned about lamenting from the start of the message?
3. Of the three questions we asked, which one resonated the most with your heart and why?
4. What are some examples in your life of people who walk in the way of the cross?
5. Who is someone watching your example that you should be conscious of and intentional toward in modeling Christ?
6. What desires in our unique situation today might tend to compete with our hunger for Christ? Why?
7. What is a practical way that we can set our minds on heavenly things and not earthly things?
8. In your own words, explain what it means to be a “citizen of heaven”?
9. What is an example of an allegiance in your life that the Lord has had to help you let go of in order to be more loyal to Him? Or one that He is still working on with you?
10. Do you really think that following Christ today could impact someone in your family five generations from now? Why and how?
11. Share your main takeaway from today’s message and pray for each other about those things!