Peace No Matter What

Philippians 4:4-8

Rejoice in the Lord – the Lord is near!

- **Pour out your hearts to God (vv. 6-7)**

***Peace is not found in the absence of conflict but in the presence of Christ**

- **Spread out your thoughts before God (v. 8)**

- **Do what's in front of you to do (v. 9)**

FOR FURTHER REFLECTION

- Continue our 30 Days of Renewal in the month of June – www.forcey.org/wp-content/uploads/2020/05/Renewal-June-2020.pdf
- Use the fasting resources at www.dayandnight.org/fast
- Meditate on Psalms 61, 62, 63
- Read "Taking Thoughts Captive"— www.desiringgod.org/interviews/how-do-i-take-my-thoughts-captive
- Listen to "Run to the Father" by Cody Carnes – www.youtube.com/results?search_query=run+to+the+father+cody+carnes

QUESTIONS FOR REFLECTION

1. What stood out to you most from the message?
2. What are some ways, practically speaking, that you have been rejoicing in the Lord? What does that look like for you?
3. Why do you think "Let your gentleness be evident to all" is the statement that follows "Rejoice in the Lord"? How are gentleness and joy connected?
4. Are you in the habit of voicing your requests to God? Is that part of what you do when you pray? Do you do it out loud? How specific do you get? What can you apply from Philippians 4:6 and 1 Peter 5:7?
5. Share an example of a time when you experienced a peace from God that "transcends all understanding."
6. In what area of your life do you need peace right now? Encourage one another in those areas!
7. What places are we tempted to look for peace instead of Christ? Why and how do those places all ultimately fall short of the peace God offers?
8. Share an example of a thought that you are tempted to believe about God or yourself that isn't true. What promises of God might speak to that thought and help you take it captive to Christ?
9. Read Romans 12:1-2. What do we learn from this passage about the role of the mind in experiencing spiritual transformation?
10. What is something specific God is asking you to do today in response to what you have heard?