

Detours Are For Your Destiny

Today's Text – 1 Samuel 22:1-5, Psalm 142, 57

Detours are unexpected, inconvenient, disappointing, confusing –
and _____

When you find yourself on a detour and/or in a cave...

- Keep _____
 - What do you need to be honest with God about? #realtalk
 - What truths from God do you need to take to heart? #selftalk

- Keep _____
 - Who do you need to receive into your cave?
 - Who do you need to crawl into a cave with?

- Keep _____
 - Where can you see God working?
 - What temptations do you need to guard against?
 - What can you take responsibility for?

- Come to the _____

For Further Action and Reflection:

- Plan to join us for worship, a Psalm teaching, and prayer this Wednesday night from 6:45-8:00
- Meditate on Psalms 142, 57, 34, 56
- Read *Depression: Looking up from the Stubborn Darkness* by Ed Welch
- Read *Detours* by Tony Evans
- Read *Born Again* by Chuck Colson
- Listen to “Rescue” by Lauren Daigle - <https://www.youtube.com/watch?v=9PugD11k3JU>
- Listen to “Rescue” by Desperation Band - <https://www.youtube.com/watch?v=vLGQkPy5PPE>
- Visit anthemofhope.org

Questions for Reflection:

1. What stood out to you most from the message?
2. Tell about a time when you experienced a real detour, layover, or hindrance of some kind to your travel plans? How did you feel and what did you do?
3. Have you ever felt that you were experiencing a detour or layover in your life journey? Explain.
4. Read Psalm 142. How would you describe how David is feeling as he writes this? What would you have said to David if you had a chance to encourage him?
5. Read Psalm 57. What has it looked like in your life for you to “take refuge” in God? Or, if you were in a season or moment of “taking refuge in God,” what would someone see you doing specifically?
6. Share about a time when someone “crawled into a cave” with you. What difference did it make?
7. We talked about “giving someone the gift of going second” – that as we share our troubles, others will feel more free to share their troubles. What obstacles do we need to overcome personally and as a church in order to grow this kind of culture of sharing together?
8. What “detour” or difficulty are you facing right now? Explain.
9. What can you take responsibility for in the midst of your detour? Or, instead of trying to control things you can't control, how can you focus more on what God has given you responsibility for?
10. Have you come to Jesus? Have you admitted your need for Him and trusted in Him, the one True King, as your Savior? What would keep you from making that decision today?