

TREASURE HUNTERS - Treasure True Beauty

Pastor Michael Foster

The valiant and virtuous woman of Proverbs 31

- She is _____ and brings _____ (vv. 10-12)
 - For her _____ and her _____

- She is _____ personified (vv. 13-27)

- She is _____ for her true beauty (vv. 28-31)

- She is _____
 - Ultimately, true beauty is only achieved when it is _____ from the _____

FOR FURTHER ACTION AND REFLECTION:

- Memorize Proverbs 31:30
- Read *True Beauty* by Carolyn Mahaney & Nicole Whitacre
- Read “Who Needs to Hear Proverbs 31 the Most” by Chad Ashby in *Christianity Today* - <https://www.christianitytoday.com/ct/2019/may-web-only/who-needs-to-hear-proverbs-31-church.html>
- Visit mytruegirl.com for fantastic help in teaching young girls about true beauty
- Listen to “O Bride of Christ” by Redemption City Church - <https://www.youtube.com/watch?v=tHdETPWF2o>
- Listen to “How Beautiful” by Twila Paris

QUESTIONS FOR REFLECTION:

1. What stood out to you most from the message?
2. How does the world define “true beauty”? What standards of beauty do you observe in the world today?
3. Read Proverbs 31:10-31 again. What about this woman’s “true beauty” is different from the world’s standards?
4. In what ways does this woman fulfill the other Proverbs we have looked at this summer? Or, in what ways do you notice her exemplifying real wisdom?
5. Women – do you typically tend to feel “affirmed” or “accused” by Proverbs 31? Why do you think you feel this way? Does the message help you to think differently?
6. We said that “true beauty” can ultimately only be received from Christ. In your own words or using Scripture, explain how Jesus makes us “beautiful” people of valor and virtue.
7. Read 1 Peter 2:9-10, Revelation 19:6-8 and 21:1-4. What do these verses teach us about our identity in Christ? What difference should they make in our lives?
8. How can we grow as a church that affirms, celebrates, equips, and empowers women of valor and virtue?
9. How can we grow as a church that better fits the description of the woman in Proverbs 31?
10. What is one specific thing you can do to apply a point from this message to your life this week?