



We Are BLESSED

Ephesians 1:1-3

Are we really who we say we are?

Are we being as God defined us and doing as God designed us?

We are (the) Blessed

Not just _____ blessing,
but _____ blessing, or _____ blessing

Not a description of _____ circumstances
but the _____ of a spiritual _____

In Christ, we are _____ Blessed!

Stand under the _____ and _____ the
Lord!

FOR FURTHER REFLECTION & ACTION

- Memorize Ephesians 1:3
- Read one chapter of Ephesians each day this week. Meditate on Matthew 5:1-12.
- Listen to “The Table” by Chris Tomlin
- Read The Blessing by John Trent and Gary Smalley and learn how to bless others
- Plan to “Bless the Lord” with us on November 14th for a special service of praise and thanksgiving
- Sign up at www.forcey.org/nextsteps to be baptized

QUESTIONS FOR REFLECTION

- 1) As you think of our series title “This is Us,” what do you most appreciate about who God has made you through Christ – about your “identity in Christ”?
- 2) What do you appreciate the most about how God is at work in our Forcey family? Where do you see evidence of His handiwork and favor?
- 3) What stood out to you most from the message on Ephesians 1:1-3?
- 4) What do you think of when you hear the word “Blessing”? How has your understanding of the idea of “blessing” changed after hearing the message on Ephesians 1:3?
- 5) Where or when have you seen yourself or others connect the idea of “blessing” with physical circumstances? What is right, wrong, or dangerous about doing this?
- 6) According to Ephesians 1:3, what kind of blessing has God given us in Christ? What are some of the spiritual blessings Paul is referring to? (Consider verses 3-14!)
- 7) Read Galatians 3:7-14. What do we learn about “the blessing” from this passage?
- 8) Do you typically see yourself under a “bar” or a “banner”? What difference might it make to see yourself more under a banner?
- 9) What is a specific way you can bless the Lord in celebration of what He has done for you? Consider setting aside a special time or activity this Thanksgiving to bless the Lord!